

## Occupational Health & Wellness Services

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*Healthy Employees, Healthy Workplace*



### ABOUT SERVICE

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Group Health Centre's Occupational Health & Wellness Services is a confidential service that promotes the highest degree of physical, mental and social wellbeing for your employees. Your occupational health requirements are unique to your organization, and GHC provides a wide range of programs, from pre-placement medical exams to immunization and medical surveillance programs.

### WHAT OUR TEAM PROVIDES

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GHC's Occupational Health & Wellness team provides high-quality services customized to meet your organization's needs. OH & W recognizes the value of convenient and on-site services that can offer a busy organization. GHC can deliver and perform an array of on-site services, including medical surveillance for designated substances, vision screening, pulmonary function testing, physical exams and hearing tests.

#### Having a health work place leads

- Higher morale
- Decreased workplace injuries
- Reduced absenteeism and turnover
- Increase job satisfaction and productivity
- Improved ability to adapt to change and cope with stress
- Improved company image

#### Physical Exams

- Pre-placement medical
- Medical surveillance physicals
- Mobile operator medical certification
- Respirator medical

Healthy Employees  
+  
Healthy Workplace  
=  
Healthy Organization

#### Component Testing

- Stress testing
- Pulmonary function testing (PFT)
- Spirometry
- Diagnostic Services
- Audiograms
- Vision testing
- NDT testing
- Respirator fit testing
- Lab screening
- Immunizations/TB

#### Additional Services

- N-95 mask fitting
- Seasonal flu shot clinics
- Provides vaccinations
- Employment services

#### Services Upon Request

- Hearing conservation program
- Ergonomic assessments
- Functional capacity testing

